

# Local Lubbock Area Resources for Transgender Individuals, 2013

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## Churches/Religious/Spiritual Resources

- **Congregation Shaareth Israel:** transgender friendly synagogue which has a young vibrant congregation and is led by Rabbi Hollander  
6928 83rd Street, Lubbock, TX 79424  
(806) 794-7517  
<http://csitemple.org/>
- **First Unitarian Universalist Church of Lubbock:** a religious community of free minds  
2801 42nd Street, Lubbock, TX  
(806) 799-1617  
<http://www.uulubbock.org/>  
firstuu@nts-online.net
- **Metropolitan Community Church of Amarillo:** Christian congregation supporting the Amarillo LGBTQ community, provide a transgender support group  
2123 S. Polk, Amarillo, TX  
(806) 372-4557  
<http://mccamarillo.com/>  
Contact for transgender support group: sandradunntg@Att.Net
- **Metropolitan Community Church of Lubbock:** Christian congregation supporting the Lubbock LGBTQ community, have a group “Doorways,” which is a group of LGBTQ youth who meet together for activities, discussion, fellowship, and support  
4501 University Avenue, Lubbock, TX  
(806) 792-5562  
<http://www.mcclubbock.org/>
- **St. John's United Methodist Church:** St. John's celebrates diversity and welcomes the GLBTQ community, hold monthly PFLAG meetings there  
1501 University Avenue, Lubbock, TX  
(806) 762-0123  
<http://www.stjohnslubbock.org/>
- **United Congregational Church:** an officially LGBT supportive denomination  
1701 E. 10th Street, Lubbock, TX  
(806) 744-0747  
<http://ucc-lbb.org>

## Community Events

- **Lubbock PRIDE:** For 2013: August 24, 2013 2-10pm Frazier Alumni Pavilion on TTU campus. This event is usually during the Fall, check <https://www.facebook.com/LubbockPRIDE> or <http://www.lubbocktexaspride.com/lubbocktexaspride/index.html> for more info

- **Texas Tech University (TTU) Annual Drag Show:**  
Usually at the Frazier Alumni Pavilion during the Spring on the TTU campus, advertised on organization's websites such as <http://pflaglubbock.org/>, proceeds go to a scholarship for a LGBT student in the area

### Education

- **Texas Tech University (TTU):** offering courses and special programs that cover transgender issues through various academic programs, such as Women's Studies, Human Sexuality, Educational Psychology, Law, to name a few  
[www.ttu.edu](http://www.ttu.edu)

### Employment

- **Texas Tech University Career Center:** provide job resources and assistance with employment for TTU students, transgender friendly  
742-2210  
<http://www.depts.ttu.edu/careercenter/>

### Legal Services

- **Kyra Blankenship:** Attorney at Law, transgender friendly  
913 Texas Avenue, Lubbock, TX  
(806) 687-7400  
<http://www.kblankenship.com/>
- **Barbara Dickerson:** Attorney for name-change and sex change at the county court level  
8212 Ithaca Avenue, Lubbock, TX 79423  
(806) 785-8282  
<http://barbaradickerson.com/>
- **TTU Student Legal Services:** offer a wide variety of legal services to students of TTU and TTU-HSC, including name change services, and transgender friendly. Our services are freely available to all registered TTU or TTHSC students who have paid their Student Services fee.  
Student Union Room 307, on Texas Tech campus  
(806) 742-3289

### Medical/Therapy/Psychological Services

- **Ann Allison Akin, M.Ed., MDiv-eq, LPC:** faith-based counselor specializing in several areas including gender and relationship issues, is also on the PFLAG-Lubbock board  
5121 69th Street Suite B 706, Lubbock, TX 79424  
(806) 787-6074
- **Roberta Beals, D.O.:** family practice medicine, transgender friendly  
Kings Park Family Health Center, 7501 Quaker Avenue, Lubbock, TX 79424  
(806) 792-8843  
<http://go-healthyskin.com/>  
[healthyskinclinic@yahoo.com](mailto:healthyskinclinic@yahoo.com)

- **Kelly Bennett, M.D.:** family medicine and provides hormones, only for TTU students, transgender friendly  
1003 Flint Avenue (Student Wellness Center on TTU campus), Lubbock, TX  
(806) 743-2848  
kelly.bennett@ttuhsc.com
- **Valerie Cox, LCSW:** provides academic advising and personal counseling to South Plains College students; experience with LGBT students  
Reese Campus of South Plains College, 819 Gilbert Drive, Lubbock, TX 79416  
(806) 716-4605  
vcox@southplainscollege.edu
- **Jim Dembowski, Ph.D.:** voice therapy for MTF & FTM individuals  
3601 4th Street Suite 2A300, Mail Stop 6073, Lubbock, TX 79430  
(806) 743-5660 x236  
james.dembowski@ttuhsc.edu
- **Michael Eisemann, M.D.:** chest surgery for all, facial surgeries, etc  
6550 Fannin, Suite 2119, Houston, TX 77030  
(713) 790-1771  
<http://cosmeticsurgeryhouston.com/>
- **Sheila Garos, Ph.D.:** psychologist specializing in LGBT, sexuality, and relationship issues  
(806) 543-7155; call for location and appointment
- **Lynn Gregory, LCSW:** provides academic advising and personal counseling to South Plains College students; transgender friendly; coordinates First Step program for single parents  
Reese Campus of South Plains College, 819 Gilbert Drive, Lubbock, TX 79416  
(806) 716-4615  
lgregory@southplainscollege.edu
- **Cheryl Hall, Ph.D, M.S. PsyPharm.:** psychologist specializing in family issues, good familiarity with gender identity issues  
7021 Kewanee Avenue, 7-101, Lubbock, TX 79424  
(806) 763-0173  
challphd@nts-online.net
- **Doreen Hutton, BSEd, MEd:** licensed professional counselor, works with LGBT children and teens and gender issues, accepts Medicaid and most insurance  
3301 101st Street, Lubbock, TX  
(806) 239-3376  
[lubbockchildcounseling.com](http://lubbockchildcounseling.com)  
doreen@dhuttontherapy.com
- **Sara A. Smock Jordan, Ph.D., LMFT:** marriage and family therapist trained in solution-focused brief therapy, transgender friendly  
3135 34th Street, Lubbock, TX 79410  
(806) 470-1146  
[www.solutionbuildingtherapy.com](http://www.solutionbuildingtherapy.com)  
sarasmockjordan@yahoo.com or sara.smock@ttu.edu

- **Gary Lawton, M.D.:** Chest surgery FTMs and MTFs, body masculinization  
525 Oak Centre Drive, Suite 260, San Antonio, TX 78258  
(877) 493-1670  
[www.transgendersurgery-sanantonio.com](http://www.transgendersurgery-sanantonio.com)
- **Rebecca Lucero, LMFTa:** marriage and family therapist, works with LGBT population  
3135 34<sup>th</sup> Street, Lubbock, TX  
(314) 229-9771  
rebecca.c.lucero@gmail.com
- **Fiona Prabhu R, M.D.:** family practice medicine, transgender friendly  
Texas Tech Physicians Lubbock  
3601 4th Street #4B174, Lubbock, TX 79430  
(806) 743-2757  
fiona.prabhu@ttuhsc.edu
- **Peter Raphael, M.D. & Alan Dulin, M.D.:** chest and genital surgeries  
American Institute for Plastic Surgery  
6020 West Plano Parkway, Plano, TX 75093  
(972) 543-2477  
<http://www.ai4ps.com/>
- **Jane Scott, D.O.:** Family medicine, OB-GYN, hormone therapy (including testosterone)  
3502 9th Street, Lubbock, TX 79415  
(806) 744-1171
- **Roger Yandell, M.D.:** OB-GYN, hysterectomies for trans men  
TTUHSC  
Roger.Yandell@ttuhsc.edu
- **Planned Parenthood Association of Lubbock, Inc.:** no longer providing medical monitoring and administration of hormone therapy at this time; do offer services regarding birth control and STI/HIV testing  
Dr. Gail Vanderlee  
Briercroft Office Park #14  
On 58th Street (between Ave Q and Ave P), Lubbock, TX  
(806) 795-7123  
<http://www.plannedparenthood.org/health-center/centerDetails.asp?f=3340&a=91670&v=details#>
- **SPCAA/Project Champs:** provides confidential medical and social services to clients living with HIV/AIDS  
3307 Avenue X, Lubbock, TX  
(806) 771-0736,  
[http://www.spcaa.org/programs/index.php?category\\_id=4196](http://www.spcaa.org/programs/index.php?category_id=4196)  
pchamps@spcaa.org
- **Texas Tech University (TTU) Psychology Clinic:** community clinic providing individual, couples, and family therapy, fees based on a sliding scale  
Located on campus in the Psychology Building, near 18th Street & Boston  
(806) 742-3737  
<http://www.depts.ttu.edu/psychologyclinic/>

- **TTU Student Counseling Center:** individual, couples, and group therapy for transgender and gender variant students at Texas Tech  
201 Student Wellness Center, located on TTU campus  
(806) 742-3674  
<http://www.depts.ttu.edu/scc/>  
amanda.wheeler@ttu.edu

### **National Hotlines/Websites/Other Online Resources**

- **Equality Texas:** advocates and lobbies for the elimination of discrimination based on sexual orientation and gender identity/expression. Their foundation also educates and engages the public about policies and their effect on Texans of all sexual orientations and gender identities/expressions.  
<http://equalitytexas.org/>
- **GLBT National Help Center:** GLBT National Youth Talkline, serving youth through age 25  
Online peer-supported chat available  
1-800-246-PRIDE (7743)  
<http://www.glbtnationalhelpcenter.org/index2.html>
- **GLBT National Hotline:**  
Toll-free 1-888-THE-GLNH (1-888-843-4564)  
<http://www.glnh.org/hotline/index.html>  
glnh@GLBTTNationalHelpCenter.org
- **Laura's Playground:** a Transsexual, Transgender, & Crossdressers Support site  
Includes chat room and online suicide prevention help  
<http://www.lauras-playground.com/>
- **Lynn Conway's website:** on gender basics and transgenderism  
[ai.eecs.umich.edu/people/conway/TS/TS.html](http://ai.eecs.umich.edu/people/conway/TS/TS.html)
- **TENT: Transgender Education Network of Texas:** organization dedicated to furthering the education of gender diversity in the State of Texas. We work to accomplish this through education and networking in both public and private forums.  
[transtexas.org](http://transtexas.org)
- **TransGenderCare:** contains a large archive of health information written and compiled from years of directly providing medical, psychological, electrology, and general health services to generations of transgender folk  
<http://www.transgendercare.com/>
- **Transgender Support via Facebook:** group with 700 members nationwide and was created by a transgender man from Lubbock. “This group is for people of all ages and from all forms of gender transition and the people that love them-their family, friends, and supporters. With that being said, please do not make any assumptions about somebody's presumed gender.”  
[www.facebook.com/groups/bethereforus/](http://www.facebook.com/groups/bethereforus/)
- **Transgender Education Network of Texas:** organization dedicated to furthering gender diversity in the state of Texas through education and networking  
<https://transtexas.org/>

- **TransQueer Nation:** international social network for the transgender (FTM, MTF, intersexed) & (gender) queer community.  
<http://www.tqnation.com/>
- **Trans-TTU:** website designed to collect and comment upon materials related to gender variance at Texas Tech University  
<http://transttu.wordpress.com/>
- **Trevor Lifeline:** part of the Trevor Project, a leading national organization providing crisis intervention in suicide prevention services to LGBTQ youth, 24-7 hotline 1-866-488-7386  
<http://www.thetrevorproject.org/lifelinechat>

### **Nightclubs/Restaurants/Entertainment, etc.**

- **Belly's Café:** LGBT-friendly, weekend karaoke, and occasional special events like "Pride Cafe," etc.  
1406 Avenue Q., Lubbock, TX  
(806) 853-9001  
<http://bellyslubbock.com/menu.aspx>
- **Club Luxor:** LGBT club, have regular drag shows  
2211 4th Street, Lubbock, TX  
<http://www.clubluxor.com/>  
[www.facebook.com/pages/Club-Luxor/111469738893465](http://www.facebook.com/pages/Club-Luxor/111469738893465)
- **Heaven Nightclub:** open Thursday and Saturday nights as a LGBT accepting club  
1928 Buddy Holly Avenue, Lubbock, TX  
<http://www.facebook.com/pages/Heaven-Nightclub/116249141767694>
- **Yoga Bean:** transgender friendly coffee shop and yoga studio  
3135 34th Street, Lubbock, TX 79410  
(806) 543-9795  
[www.yoga-bean.com](http://www.yoga-bean.com)

### **Organizations**

- **Abilene TRANZaction group and allies via Facebook:** provides a safe space for the transgender community of Abilene and surrounding areas to come and be safe to be themselves without the concerns of retaliation or judgment just for simply being who you are and expressing your gender in a way that makes you feel comfortable. They have weekly support group meetings and weekly social activities.  
<http://www.facebook.com/groups/418359341522315/>
- **LubbockPRIDE:** a private civic organization that consists of representatives of the LGBT community working to build a stronger, safer, and more diverse city through civic, cultural, and educational events.  
<http://www.lubbockpride.org/>
- **Lubbock High School (LHS) STEP: Students for Tolerance, Equality, and Peace:** a group for like-minded people to join together to make a difference in the world. STEP is an all-inclusive group, and we would love anyone attending LHS currently with an open mind to join us to help make a change.  
<https://www.facebook.com/STEP4Lubbock>  
[lhsstep@yahoo.com](mailto:lhsstep@yahoo.com)

- **Lubbock Initiative for Safe Toilets (LIST):** a group of gender-variant, differently-abled and traditionally gendered individuals who are very interested in creating safe bathroom space for people who do not fit the binary gender construct of female and male, or have special circumstances that might require a differently gendered caretaker to escort them to the toilet.  
<http://lubbocksafetoilets.wordpress.com/>  
<https://www.facebook.com/pages/LIST/125416807530416>
- **OUTwest Lubbock:** new virtual GLBTQIA community center  
<http://www.outwestlubbock.org>  
**PFLAG-Lubbock:** broad-spectrum community support for transgender people, whether trans children, trans adults, parents, family members, or friends. Includes transgender support group, which is usually held on the third Tuesday of each month at 8 p.m. at St. John's United Methodist Church, 1501 University Avenue, Lubbock, TX.  
<http://pflaglubbock.org/>  
 Contact for transgender support group: jennifer.mcadams@ttu.edu
- **PFLAG-Odessa:** promotes the health and well-being of lesbian, gay, bisexual and transgender persons, & their families and friends through support, education, & advocacy. As of 9/13/13, in the process of forming a monthly transgender support group  
<http://pflagodessa.weebly.com/>  
 sharijohnson@grandecom.net
- **South Plains College Gay/Straight Alliance:** The South Plains College Gay-Straight Alliance exists to form a strong bond between the straight and LGBT communities at South Plains College.  
<https://www.facebook.com/spc.gsa>  
<https://www.facebook.com/pages/South-Plains-College-Gay-Straight-Alliance/160475297346266>  
 gsaspc@yahoo.com
- **Texas Tech University (TTU) Gay Straight Alliance (GSA):** student organization that provides a safe environment and support network for lesbian, gay, bisexual, and transgender individuals and their straight allies  
[www.facebook.com/TTUGSA](http://www.facebook.com/TTUGSA)  
 ttugsa@gmail.com  
 d.nguyen@ttu.edu

### Personal Services

- **Avalon Day Spa:** transgender friendly spa, laser hair removal  
 8008 Slide Road, Suite 11, Lubbock, TX  
 (806) 785-7546  
<http://avalon-day-spa.com/>
- **Electrology 3000:** beard removal and chest hair removal for MTF transgender individuals  
 2650 Midway Rd. Suite 216, Carrollton, TX 75006  
 (972) 713-6799  
<http://www.electrology2000.com/e3000.html>

- **Laser Dynamics:** transgender friendly laser hair removal for face and neck areas  
3601 22nd St., Lubbock, TX 79410  
(806) 794-9705  
<http://www.laserdynamicsskincare.com/>
- **Massage Therapy & Electrolysis by Connie:** does not do genital area, said her schedule might not work well with somebody from Lubbock (as it is an extensive process and Lubbock is 60 miles away)  
207 N Main Ave, Lamesa, TX  
(806) 201-0315
- **Petra Salon:** transgender friendly salon with good selection of wigs, hair cutting, and nail service  
5202 Slide Rd., Lubbock, TX 79414  
(806) 785-4440  
<http://petrahairdesign.com/>
- **Sonny's Salon:** does electrolysis, transgender friendly (has had experience with transgender individuals in the past), does not do genital area  
4601 50th Street, Lubbock, TX  
(806) 793-5844

#### **Pharmacies**

- **CVS Pharmacy:** a member of the PFLAG Lubbock transgender support group has had a good experience getting hormones at this pharmacy  
3801 19th Street, Lubbock, TX  
(806) 796-2339

#### **Support Groups**

- See other entries above (located in churches, organizations, online resources)

\*If you know of any resources to be added, edited, or removed from this list, please contact [jennifer.mcadams@ttu.edu](mailto:jennifer.mcadams@ttu.edu)